

TOWN OF BROOKLINE SENIOR NEWS AND EVENTS

Council on Aging

Published with help from the Brookline Multi-Service Senior Center Corporation

Brookline Senior Center
93 Winchester Street
Brookline, Massachusetts 02446



MARCH 2020



Council on Aging Information Hotline

617-730-2777 617-730-2778

Senior Center Van

617-730-2770 617-730-2750

Brookline Council on Aging

www.brooklinema.gov

www.brooklineseniorcenter.org

Brookline Community Aging Network

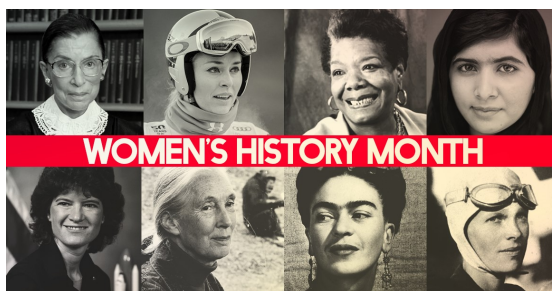
www.BrooklineCAN.org



Get Your Ducks in a Row: The Baby Boomers Guide to Estate Planning (See P. 12).

Senior Charlie Card event on March 18 (See P.8).

WOMEN'S HISTORY MONTH PROGRAM



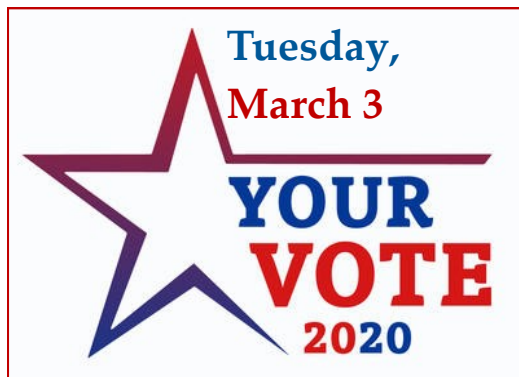
SHORT SKIRTS, OH MY! HISTORY OF WOMEN'S RIGHTS

Join us on **Thursday, March 5 at 1:00 pm**, as storyteller Anne Barrett presents a lecture

on the exciting social and historical milestones in the fight for women's rights. In 1920, skirts reached unseemly heights, bobbed hair was "in" and women won the right to vote. Follow the evolution from Abigail Adams advising husband John to "remember the ladies" to the shocking emergence of the 1920's "fiery youth" as we celebrate the 100th anniversary of the ratification of the 19th Amendment in August 2020. To register, please call 617-730-2770.

SING ALONG WITH MEL

Join us on **Monday, March 9 at 1:00 pm** to Sing Along with with Mel Stiller. Mel plays show tunes, standards, oldies, and classic rock from the 1920's to the 1970's and he brings songbooks so we can all sing along. It is sure to be a fun afternoon so we hope to see you there! To register, please call 617-730-2770.



NOTE: All Programming is Weather Permitting. Please call 617-730-2770 for weather related updates.

INDEX

| | | | |
|--|-------|---|---------|
| Adult Education-Brookline..... | 15 | Movies for Film Lovers..... | 6 |
| Alzheimer's Caregivers Support Group..... | 9 | Observances, March..... | 3 |
| ArtMatters..... | 3 | Ongoing Senior Center Events..... | 23 |
| Ask A Nurse..... | 4 | Operetta..... | 7 |
| At a Glance, March..... | 22 | Ping Pong..... | 35 |
| Assistive Technology, Vibrant Program..... | 33 | Public health Week..... | 10 |
| Board President..... | 7 | Reiki | 20 |
| Book Discussion Group, Public Issues | 13 | Rummikub..... | 24 |
| Book Discussion Group, Putterham..... | 13 | Services, Senior (BETS, BLAB, File of Life, HELP, SNAP, SHINE, CARE, Social Security)..... | 28 & 29 |
| Brookline Bees..... | 8 | Scammers | 29 |
| BrooklineCan..... | 12&15 | SHOP..... | 35 |
| Brookline Music School..... | 6 | Spotlighted Volunteer..... | 27 |
| Brookline Recreation Trips..... | 12 | South Brookline meet up..... | 22 |
| Bridge, Experienced Players..... | 21 | Tax Exemption..... | 31 |
| Chess..... | 31 | Thank You..... | 32 |
| Chorus..... | 17 | TTP (formally known as ICARE)..... | 4 |
| COA Meeting..... | 8 | Tour The Senior Center..... | 24 |
| Computer Lab..... | 16 | Town to Table..... | 7 |
| Dance, Tuesday Morning..... | 14 | TRIPPS | 8 |
| Director, From the..... | 11 | Ukulele..... | 33 |
| ELF..... | 21 | Vibrant Technology | 33 |
| Falls and prevention..... | 5 | Volunteer Opportunities..... | 34 |
| Fitness..... | 31 | Voter Registration..... | 8 |
| File of Life..... | 25 | Women's History Month Program..... | 1 |
| Food Distribution..... | 21 | | |
| Food Bank, Greater Boston..... | 34 | | |
| French..... | 14 | | |
| Gallery 93..... | 26 | | |
| Geriatrician, Ask a..... | 5 | | |
| Handicapped Access..... | 16 | | |
| Health Page, (Ask a Nurse, Podiatry Clinic, Low Vision Group, Blood Pressure Screening, Clinic, Health Coach)..... | 4 | | |
| Hearing Services, Brookline | 4 | | |
| Job Search..... | 34 | | |
| LGBT Out 2 Brunch Bunch..... | 21 | | |
| Let's Go Out To Lunch Bunch..... | 19 | | |
| Library Connection..... | 34 | | |
| Living Our Values | 20 | | |
| Mahjong | 9 | | |
| Mass College of Pharmacy | 3 | | |
| Medicare | 10 | | |
| Memory Connections Café..... | 9 | | |
| Mindfulness..... | 9 | | |

The Town of Brookline Senior News & Events BROOKLINE COUNCIL ON AGING (COA)

Ruthann Dobek

Director, Council on Aging/Senior Center

Julie Washburn

Program Manager, Council on Aging/Senior Center

Maureen Cosgrove-Deery

Newsletter Editor

The Town of Brookline Senior News and Events is published monthly by the Brookline Council on Aging, 93 Winchester Street, Brookline, MA 02446.

Subscription fee: \$10.00/year. See page 27 for subscription/renewal form.

MARCH OBSERVANCES



There are no holidays in March on which the Senior Center closes. Programs can be enjoyed Monday

through Friday all month. In addition to Social Work Month, we celebrate Purim a two day event beginning at sundown on the fourteenth day of Adar, the twelfth month of the Jewish calendar beginning at sundown on March 9 ending on



March 10. In addition we celebrate Women's History, National Craft and Irish Heritage month. St. Patrick's Day and Evacuation Day all on March 17, National Vietnam War Veterans Day on March 29. And

the **First day of Spring is on March 20.**

NUTRITION WORKSHOP



The students from the Mass College of Pharmacy and Health Sciences will be back at the Senior Center on **Wednesday, March 18 at 1:00 pm** to discuss nutrition. We hope to see you there with your questions! Space is limited so please call 617-730-2770 to register.

ARTMATTERS

WOMEN ARTISTS, PART ONE



Women artists, capable of the art of creation as well as the creation of art, have historically proved threatening to the dominant male establishment. There are many examples of how they have flourished and failed, been celebrated or crushed, but in almost every instance, needed to be better than their male competitors to be taken seriously. Join us on **Monday, March 30 at 1:00 pm** for an interesting program by ArtMatters that will look at and discuss the women who have defied convention to make art from the Renaissance through the 19th century.

The ArtMatters Program is designed to engage attendees with stimulating, informative, and entertaining presentations on a single artist, style or period of art. Only oversized art prints are used and can be viewed up close and personally. Unlike when using PowerPoint or slides, the lights can stay on and all of the images are arranged and displayed together so they can be enjoyed and compared for the entire length of the presentation. These large fine art reproductions can also be held individual by individuals who may suffer from some vision impairment. **This program is generously sponsored by our friends at Wingate Residences at Boylston Place. To register, please call 617-730-2770.**

NOTE CHANGE ON PAGES 22 & 23

To denote required registration we will begin using a number Registration Key system rather than asterisks.



Ask a Nurse Lynn Schuster, RN, BSN, CDP, Clinical Nurse Liaison, Hebrew Senior Life Home and Community Based

Services, will return to the Center on **Thursday, March 5 at 11:00 am.**



Low Vision Group This peer-led support group for individuals with limited eyesight is on Wednesday, March 18 at 1:00pm.

Blood Pressure Screening Barbara Westley, the nurse from the Brookline Public Health Department (BPHD), will provide blood pressure screening at the following locations: **Wednesday March 4 at BPHD from 2:00-3:00pm and Thursday, March 19 from 1:00-2:00 pm. at the Senior Center.**



Brookline Hearing Services The staff from Brookline Hearing Services will be visiting the Brookline Senior Center on **Thursday, March 19 from 1:00-2:00pm.** They

will provide hearing aid cleanings, maintenance and patient counseling at no charge. They will also be selling all sizes of hearing aid batteries for \$5 per pack. All services will be provided on a first come, first served basis.



Podiatry Clinic Update

PLEASE NOTE: Dr. McLoughlin has changed his days and hours Dr. McLoughlin will ONLY be

here on the **first and third THURSDAY of each month from 9:00-11:30 am.** Appointments are 15 minutes and the cost is \$40. Dr. McLoughlin provides ROUTINE foot care only (nail and callus trimming). To inquire about appointments, please call 617-730-2777. **Dr. McLoughlin does not offer second opinions.**

TRUSTED TRANSPORTATION PARTNER



TTP: Trusted Transportation Partner The Council on Aging has again been selected to receive an ITNAmerica "Trusted Transportation Partner" grant, with support

from Regeneron Pharmaceuticals. Through this grant, the COA's HELP program provides free transportation for Brookline residents to scheduled eye care appointments in the Greater Boston area. To access, please contact the HELP line at 617-730-2752 at least 1 BUSINESS WEEK before your scheduled appointment, as a home visit to sign up for the HELP program is required to access this sub-program.

US 2020 CENSUS INFORMATION SESSION

Join us on **Friday, March 13 from 1:00-2:00 pm** to meet US Census staff and to learn about the history and purpose of the census and why an accurate census count is vital to you, and your community. The 2020 Census goes out during the month of March so US Census staff will also be able to answer questions and if needed, help you complete the 2020 Census. Space is limited. To register, please call 617-730-2770.

ASK A GERIATRICIAN

Dr. Suzanne Salamon, Chief Associate of Clinical Geriatrics at **Beth Israel Deaconess Medical Center**, answers your **general** questions about aging and geriatric medicine in this column every month. Editor's note: *If you have questions, e-mail them to me at mdeery@brooklinema.gov or call at 617-730-2790. I will make sure that Dr. Salamon gets the questions and answers them in the Newsletter.*

QUESTION: I was asked about the coronavirus and what we might expect here in the USA?

ANSWER:

According to the CDC, the disease which is causing the current outbreak of coronavirus has just been given a name by the World Health Organization-it is called COVID-19. It is one of a large group of viruses called coronaviruses. Coronaviruses cause a large number of all common colds in adults and children and have been around for a long time. They are common in animals, including cattle, cats, and bats. Rarely these animal viruses infect people, and then people can spread it to each other, which is what has happened now with this new coronavirus.

As with many viruses, the COVID-19 coronavirus spreads when a person with the virus coughs or sneezes and spreads droplets into the air. People are most contagious when they are the sickest. If you are within 6 feet of this person, one can become infected if these tiny drops land in our mouths or nose and breathed into our lungs. Symptoms of the coronavirus can appear between 2 and 14 days of exposure.

Symptoms can include fever, cough, achiness and shortness of breath. They can be very mild or severe. While most people recover, there have been over 1300 deaths so far. If people are thought to be at high risk (symptoms along with a history of recent travel to infected areas such as China or exposure to someone who is sick with this virus), they can be tested. For now, there is no vaccine to prevent coronavirus, but there is work ongoing to develop one.

The best prevention is to avoid close contact with people who are sick, try not to touch your eyes, nose, and mouth, stay home if you are sick, cough into your elbow or tissue and then throw away the tissue and use wipes to disinfect frequently touched surfaces. Facemasks are recommended only for people who are sick to prevent the disease from spreading to others. Wash your hands often with soap and water, or use hand sanitizer with at least 60% alcohol. Symptoms of coronavirus are similar to the flu, so unless a person has been exposed to someone from Wuhan, China, or to a patient with the infection, it is more likely to be the flu. **The CDC estimates that there have been at least 26 million cases of the flu in the US this season, and approximately 14,000 people have died, including over 90 children. So at this time, the most important thing is to get a flu shot if you have not already received one!**

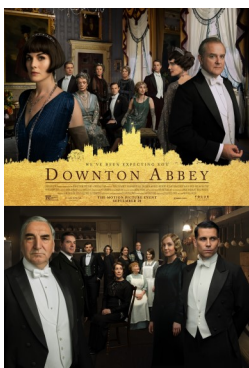
FALLS PREVENTION



Did you know that one in three seniors falls each year and that the risk of falling increases with age? Falls, in fact, are a leading cause of injury among older adults. Join us on **Monday, March 23 at 1:00 pm** to learn how to reduce the risk of falling and the serious injuries that often result from falls. Researchers from the Hinda and Arthur Marcus Institute for Aging Research will present some common-sense measures you can adopt to help prevent falls. To register, please call 617-730-2770.

MOVIES FOR FILM LOVERS

Come to the Senior Center on **Tuesdays in March at 1:00 pm** for a fine feature film. Make a reservation for lunch and make an afternoon of it.



Tuesday, March 3

***Downton Abbey* (2019)**

2hr. 2min.

The beloved Crawleys and their intrepid staff prepare for the most important moment of their lives. A royal visit from the king and queen of England soon unleashes scandal, romance and intrigue -- leaving the future of Downton hanging in the balance.



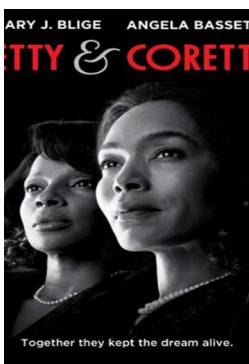
Tuesday, March 10

***Judy* (2019)**

1hr. 58min.

Thirty years after starring in "The Wizard of Oz," beloved actress and singer Judy Garland arrives in London to perform sold-out shows at the

Talk of the Town nightclub. While there, she reminisces with friends and fans and begins a whirlwind romance with musician Mickey Deans, her soon-to-be fifth husband.



Tuesday, March 17

***Betty and Coretta* (2013)**

1hr. 28min.

Coretta Scott King and Dr Betty Shabazz develop a friendship after the tragic deaths of their husbands; Dr Martin Luther King Jr. and Malcolm X and through their

strength and dignity they carried on the civil rights movement becoming role models for millions of women all over the world.



Tuesday, March 24

***Knives Out* (2019)**

2hr. 11min.

When renowned crime novelist Harlan Thrombey dies just after his 85th birthday, the inquisitive and debonair Detective Benoit Blanc arrives at his estate to investigate. From

Harlan's dysfunctional family to his devoted staff, Blanc sifts through a web of red herrings and self-serving lies to uncover the truth behind Thrombey's untimely demise.



Tuesday, March 31

***Suffragette* (2015)**

1hr. 46min.

In early 20th-century Britain, the growing suffragette movement forever changes the life of working wife and mother Maud Watts (Carey Mulligan).

Galvanized by political activist Emmeline Pankhurst (Meryl Streep), Watts joins a diverse group of women who fight for equality and the right to vote.

BROOKLINE MUSIC SCHOOL CONCERT SERIES

Join us on **Wednesday, March 4 at 1:00 pm** as we welcome back Senior Center favorites, the Justin Meyer Trio. The Trio play the American popular music of the 1920s through the 1940s - jazz, swing and Dixieland. It is always an upbeat time and you just might want to get up and do a little dancing as well. We hope to see you there!

A VIENNESE "MUSICAL" THE CSÁRDÁS PRINCESS



Join us on **Monday, March 16 from 1:00-2:30 pm** as Erika Reitshamer presents an audio-visual lecture on Emmerich Kalman's Golden

Operetta The Csárdás Princess (Gypsy Princess). The Csárdás Princess is still one of the most popular operettas on the Continent. It was filmed with Anna Moffo in the title role and it is the story of the love of a famous cabaret star for a Prince who cannot marry a commoner. His mother, Princess Marie-Louise, eventually saves the day with a last-minute disclosure about her own past. The score includes some of the most delightful operetta melodies ever written, and there are several good comedy parts so we hope to see you there.

Erika Reitshamer is an engaging teacher whose knowledge and love of opera will inspire all, and her open style and sense of humor are irresistible. She has lectured on opera and great singers of opera for many years and was active in the formation of the Boston Lyric Opera company more than 38 years ago. To register, please call 617-730-2770

TOWN TO TABLE



Join us on **Wednesday, March 25 at 1:00 pm** as Jack Levine, Co-Founder of "Town to Table" tells us about this exciting local initiative. Town to Table integrates technology and holistic farming practices into a Care Farming Platform to promote health, wellness and education. The program

includes the installation of a hydroponic year-round garden, curriculum, support, training and educational sessions to learn operations of the garden. Their garden-based, therapeutic learning platform builds and expands skills, knowledge and resources to grow food in any environment and they aim to encourage environmental stewardship as we all work together to build a world that is more resilient and a future that is sustainable.

The Senior Center is exploring the possibility of having one of the mobile hydroponic garden units at the Center so come and learn about other ways that you might be able to be involved. To register, please call 617-730-2770.

FROM THE BOARD PRESIDENT

As you know, exercise is a crucial component of healthy aging. "If you stay strong and agile as you age, you'll be more able to keep doing the things you enjoy and less likely to need help."

-Active after 60, Myths About Exercise and Older Adults

A huge thank you to those who donated to our new fitness equipment fund. The new treadmill, recumbent bike, and elliptical machine have arrived! We still need to raise the final \$2500 for this initiative—please make your donation to Brookline Senior Center and put Fitness Fund in the memo of your check, or go to www.brooklineseniorcenter.org and hit Donate. If you or someone you know would benefit from our fitness center, contact Sharon Devine at 617-730-2769. Thank you for caring about your neighbors and our wonderful community.

-Betsy Pollock, President

**DAYLIGHT SAVING WILL BEGIN
AT 2:00 AM ON MARCH 8**



TRIPPS

**BROOKLINE COUNCIL ON AGING'S
NEW TRANSPORTATION PILOT
PROGRAM**



The Brookline Council on Aging is offering 4 subsidized rides per month on Lyft to older adults in Brookline.

This program is currently limited to income eligible seniors (60) and over (individual \$62,450 maximum; couple \$71,400 maximum). Lyft is a ridesharing transportation company that offers curb-to-curb service nationwide. The Brookline Program will offer four discounted rides per month of up to \$10 per ride. The passenger will pay the first \$2; the coupon will pay up to the next \$10. The coupon will automatically download each month into the Lyft app on your smartphone. This option will be available 24/7 without any restrictions on miles or pick up location. For more information, contact Maria Foster, Community Outreach Specialist for the Council on Aging at (617)730-2644.



BROOKLINE BEES



The Brookline Bees are happily making some comfort quilts to raffle for benefit of the Senior Center. We are working with Ruthann and Julie to determine the best way to present them to potential buyers. We also have a Pinterest account to show our work! See <http://www.pinterest.com/brooklinebees>. Please join us on **Tuesday mornings at 10:30 am** to work on a project of your choice.

COUNCIL ON AGING MEETING

Join us for the Council on Aging meeting on **Wednesday, March 11 at 1:00 pm** for "How Mediation Can Resolve Conflicts with Older Adults and Their Families" Our guests Jane Honoroff and Jeff Fraser from The Mediation Group will discuss ways to resolve tough conflicts for people and organizations with a caring, interdisciplinary approach.

**SENIOR CENTER
CHARLIECARD EVENT!**



The Brookline Senior Center will be hosting Senior Charlie Card event on **March 18 from 1:00-3:00pm**. To apply at the Senior Center, you must bring a picture ID with your date of birth indicated. You must be 65 or older to qualify for a Senior CharlieCard. During the event, you will fill out the application and have your photo taken. The MBTA will mail your CharlieCard to your home in 6-8 weeks No registration required.

MINDFULNESS PRACTICE AND PARABLE DISCUSSION GROUP



Are you interested in mindfulness and reflecting on how to live your most meaningful, joyful life? Join us for a mindfulness

practice and discussion group led by Michael Allen, LCSW and Conor McDermott Welch and find out what this mindfulness stuff is all about! Meetings will feature brief and extended mindfulness practice, as well as reading and discussing parables. The group will provide a chance to improve attention, enrich inner life, cultivate joy, and notice and accept more of what's going on around and inside of us. No previous mindfulness experience is needed to participate. **The group meets on Wednesday mornings from 10:30 a.m. to 11:30 a.m.** at the Brookline Senior Center (93 Winchester Street). Drop-ins are welcome. For more information or questions about the group, please call Michael Allen, LCSW at 617-730-2754.

ALZHEIMER'S CAREGIVER SUPPORT GROUP



This ongoing daytime support group is designed to help caregivers cope with the stress and demands of loved ones struggling with Alzheimer's. It meets on the 4th Tuesday of each month.

If you are interested in this group, please call the facilitator Ted Sturman at 617-803-6105.

MEMORY CONNECTIONS CAFE



Memory Connections Cafe: On **Wednesday, March 25 from 1:30 -3:00pm**, the Senior Center offers a free monthly Memory Connections Cafe for people with early memory challenges and their care partners to connect with their peers. Both participate in socialization and can partake in refreshments and a variety of enjoyable programming in order to gain support and engage with others in a relaxing environment. Either party can attend by themselves, but a care partner must accompany those who require any care assistance. Please call Jamie at 617-730-2753 for information and to RSVP. This month's Cafe is sponsored by Seasons Hospice & Palliative Care, Inc.

MAHJONG



Calling all Mahjong players on **Mondays from 12:30-3:00 pm** for a social game of Mahjong.

SUGGESTED BEQUEST LANGUAGE FOR GIVING (Please consult with your lawyer or financial advisor) "I give \$_____ (or percent of my estate or percent of the remainder of my estate) to Brookline Multi-Service Senior Center Corporation (EIN 04-2719972), a Massachusetts non-profit corporation, currently located at 93 Winchester St, Brookline, MA 02446 to be used for its general purposes."

IMPORTANT NOTICE

DO YOU HAVE MEDICARE AND NEED TO CHANGE PLANS?



Did you change
your Medicare
or Medicare Ad-
vantage plan
last fall?

Were your pre-
scription costs much higher than expected?

Are your bills much higher than anticipated? Don't be trapped into paying more than you should!

Please know that Medicare has acknowledged that some people may have "made the wrong plan choice because of inaccurate information from the new Plan Finder website." They advise you to call 1-800-MEDICARE (1-800-633-4227) and explain your situation.

The Call Center representatives can help you throughout the year with options for making changes. If you would like to research your options before making that call, you can talk with a SHINE counselor by calling 1-800-243-4636 or your town's senior center.

THRIFTY THREADS

210 Harvard Street, Brookline Ma.

Hours: Fridays from 1:00-4:00pm

Saturdays from 1:00 to 3:00pm

Come find men's and women's clothing and housewares.

Proceeds benefit the emergency fund for people in our community

PREVIEW OF 2020 NATIONAL PUBLIC HEALTH WEEK EVENTS IN BROOKLINE



Public Health
Prevent. Promote. Protect.

**Saturday, April 4 from 9:00am
-12 noon** Brookline Rabies Vaccine: \$15. Microchip: \$15. Pet must be with an adult. On

leash or in carrier. Brookline Town Hall lobby, 333 Washington Street, Brookline.

Monday, April 6 The Climate Emergency:

What's Next? Allen White, Vice President and Senior Fellow, Tellus Institute; and Mindy S. Lubber CEO and President, Ceres; Brookline residents and internationally recognized sustainability and climate experts, will speak. Select Room, 6th Floor, Town Hall, 333 Washington Street, Brookline. Co-sponsor, Climate Action Brookline.

Tuesday, April 7 Marijuana and Vaping

Update Health Consequences: Larry Madoff, MD, State Epidemiologist, MA Department of Public Health; State and Local Regulations: D.J. Wilson, Tobacco Control Director. MA Municipal Association; The Brookline Scene, Maria Morelli, Brookline Department of Planning and Community Development. MLK Room, Brookline High School Auditorium. 115 Greenough St.

Tuesday, April 14 Is the Word "Balance" in your Family's Vocabulary? Teens and Stress. MLK Room, Brookline High School Auditorium. 115 Greenough St. Evening program. Speakers to be announced.

Wednesday, April 15 Racism as a Public Health Issue: Health Disparities. Multi-Purpose Room, Coolidge Corner School, 345 Harvard St. Evening program. Speakers to be announced.

FROM THE DIRECTOR

The first day of spring is one thing, and the first spring day is another. The difference between them is sometimes as great as a month. – Henry Van Dyke (1852–1933)

March, despite claiming to have the first day of spring, has some of the bleakest weather and with it some of us get the winter blues. At the Senior Center we are here to help make the days go by in a warm and enjoyable way with lots of wonderful programs and activities. Join us on March 31st at 6:00pm for local author Harry Margolis, who will be at the Senior Center to discuss his book, *Getting Your Ducks in Order*. This March, we are celebrating Women's History Month and the 100th anniversary of the ratification of the 19th Amendment which guaranteed all American women the right to vote. On March 5th, at 1:00pm, storyteller Anne Barrett will present a lecture on the exciting social and historical milestones in the fight for women's rights. Certainly, coming through our doors is the perfect antidote to mud, gray days and the wind. Stop by today.

I personally want to thank all who have responded to our appeal for a "fitness equipment fund." The new equipment has arrived and it has been wonderful to see many of you actively running, walking, and biking in the Fitness Center! Indeed it made my day to receive an email that reported: "Thank you for making it possible for us to get this wonderful new equipment. We appreciate your effort in helping us and we are very grateful" Once again, we could not have replaced our old, broken-down equipment without your generous help. We are still seeking \$2500 to close out the purchases. Donations of any amount are appreciated and can be made by writing a check with "Fitness Equipment" in the memo, or going online to www.brooklineseniorcenter.org.

In addition, remember no senior should be hungry in Brookline. We have SNAP (food stamps), hot lunches at the Senior Center, Brookline Co-op's weekly bread and produce programs, the Food Commodity Program and the Brookline Food Pantry. Ample nourishment abounds ensuring sound nutrition. We are asking our visitors to bring in non-perishable food items to the first floor help replenish the food pantries.

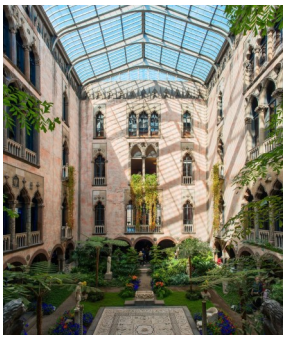
March is Social Work Month and this year's theme is Social Workers: Generations Strong. I want to acknowledge the important work of our social workers. We have our social work interns, professional staff, retired social worker volunteers and board members. Each contributes to Brookline's strong sense of community. When you see one of our social work team, please thank them and tell them they are our "champions"! Buy some daffodils or shamrocks, eat a slice of Irish soda bread, and take a walk when the sun shines.



PS. Mark your calendar and save April 22 for our Annual Volunteer Luncheon.

Ruthann Dobek, Director

BROOKLINE RECREATION SENIOR PROGRAMS



Isabella Stewart Gardner Museum Tour Thursday, March 12 11:00 am

Join us for a guided tour of the Isabella Stewart Gardner Museum with art from cultures spanning thirty centuries. Three floors of galleries surround a garden

courtyard blooming with life in all seasons. Admission to the museum, guided tour and round trip transportation are included.

Cost: Residents: \$20 Nonresidents \$27

Trip Pick Up/Drop Off will be at the Brookline Senior Center. Bus pick-up: 10:30 am and will return to Senior Center by 2:00 pm.

Drop-in Pickleball

Two indoor courts will be set up at the Brookline Senior Center and instructors will be on-site to offer advice to new athletes. The rules are simple and the game is easy for beginners to learn - but can develop into a quick, fast-paced, competitive game for experienced players. Come learn to play; bring your own paddle or use one of ours!

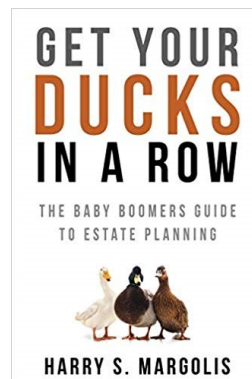
Time: **Wednesday, March 11 2:30-4:30 pm** **Cost:** \$3

To register for Brookline Recreation Senior Programs please, call Josh Cooke at 617-730-2082 or email at jcooke@brookline.gov.



Brookline Community Aging Network – Brookline-CAN – is an all-volunteer organization that focuses on Brookline as a great place to live.

GET YOUR DUCKS IN A ROW: THE BABY BOOMERS GUIDE TO ESTATE PLANNING



BrooklineCAN (Brookline Community Aging Network) presents, "Get Your Ducks in a Row, The Baby Boomers Guide to Estate Planning," a talk by elder law and estate planning expert Attorney Harry S. Margolis. In a presentation on **Tuesday, March 31**

from 6:00-8:00 (6:00- 6:30pm

reception 6:30-8:00pm presentation with Questions and Answers) at the Brookline Senior Center, 93 Winchester Street, Margolis will take you through the estate planning process step by step. Whether you're currently creating a plan, getting ready to start, or looking for an explanation of documents you've already signed, this talk will provide the information you need, including:

- Answers to the most common estate planning questions
- Common estate planning terms, demystified
- The Five (or Six or Seven) Essential Documents everyone over 55 needs (and how to fill them out)
- An overview of more complex estate planning scenarios
- Help deciding when it's time to consult an attorney
- And more...

To register, please call 617-730-2770.

CYPRESS AUTOMART

USED CAR DEALERSHIP
A DIVISION OF AUDY'S MOBIL

proudly serving Brookline & surrounding areas since 1973

Village Mobil
345 Boylston St.
617 738 4706

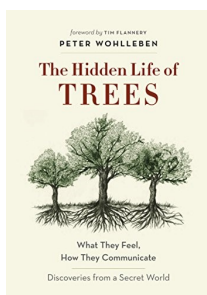
Harvard St. Mobil
198 Harvard St.
617 734 6810

1996 Business of the Year

www.cypressauto.com www.mobilstations.com/audys

BOOK DISCUSSION GROUP AT THE PUTTERHAM LIBRARY

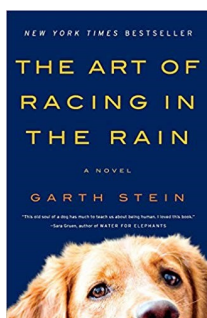
Meetings are in the community room at the Putterham Branch Library. New members are always welcome. Our monthly meetings are on **Mondays from 2:00–3:00 pm**. Books are available at the Putterham Branch Library. The discussion leaders for this Book Group are Charlotte Millman and Batia Bloomenthal.



Monday, March 16

The Hidden Life of Trees by Peter Wohlleben

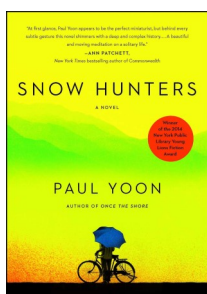
The author shares his deep love of woods and forests and explains the amazing processes of life, death, and regeneration he has observed in the woodland and the amazing scientific processes behind the wonders of which we are blissfully unaware.



Monday, April 13

The Art of Racing in the Rain by Garth Stein

Denny Swift is a Formula One race car driver who understands that the techniques needed on the racetrack can also be used to successfully navigate everyday life.



Monday, May 18

Snow Hunters by Paul Yoon

Snow Hunters traces the extraordinary journey of Yohan, who defects from his country at the end of the war, leaving his friends and family behind to seek a new life in a port town on the coast of Brazil.

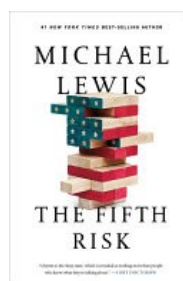
Monday, June 15

Maybe you Should Talk to Someone by Lori Gottlieb

PUBLIC ISSUES NONFICTION BOOK DISCUSSION GROUP

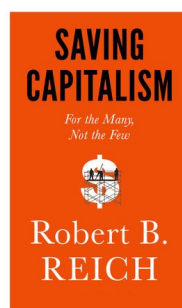
at the Brookline Senior Center

Tom Faulhaber is challenging your thinking every month with a nonfiction book discussion group centered on public issues, history, current events, and other nonfiction topics. Suggestions for future titles are encouraged. Please note: This group is held at the **Brookline Senior Center on the fourth Tuesday of each month from 9:00-10:00 am**.



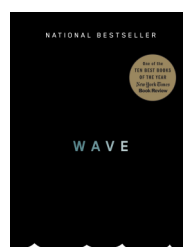
Tuesday, March 24

The Fifth Risk by Michael Lewis (W.W. Norton & Company, Inc.) masterfully and vividly unspools the consequences if the people given control over our government have no idea how it works.



Tuesday, April 28

Saving Capitalism: For the Many, Not the Few by Robert B. Reich (Alfred A. Knopf, Inc.)



Tuesday, May, 26

Wave by Sonali Deraniyagala (Alfred A. Knopf, Inc.)

Tuesday, June 23

The Big Thirst: The Secret Life and Turbulent Future of Water by Charles Fishman (Free Press / Simon & Schuster, Inc.)

FRENCH CONVERSATION GROUP



The French Conversation Group meets on **Tuesdays from 12:00-1:00 pm** at the Senior Center. New members, regardless of level of proficiency in speaking French, are invited to join the group.

Groupe de conversation française: Le groupe de conversation française se réunit chaque mardi de 12h à 1h au Senior Center. Nous acceptons de nouveaux membres quelque soit leur niveau de compétence de la langue française.



TUESDAY MORNING DANCE PARTY

Lynn Modell will lead our Tuesday morning Dance Party every **Tuesday from 11:00am to 11:45am** for fun and dancing so we hope that you'll plan to join us. Suggested donation is \$2 per class.

Brookline
Adult &
Community
Education



Join us,
new classes
starting soon!

www.brooklineadulted.org
617-730-2700

Center Communities of Brookline

The Lifestyle you want, where you want it.



1550 Beacon Street



100 Centre Street



112 Centre Street

Hebrew SeniorLife is about options and choices for seniors. Nowhere is this more evident than at Center Communities of Brookline—three buildings in the heart of Brookline. These buildings provide an affordable home to 600 seniors who live independently, actively and securely. To learn more about senior living options at Center Communities of Brookline, contact the Marketing Office, 617-363-8100 or scarlsen@hrca.harvard.edu



AGE FRIENDLY CITIES TV



The fascinating 24th Age Friendly Cities TV show featured Sassy Outwater-Wright the Executive Director of the Massachusetts Association for the Blind and Visually Impaired (MABVI). Sassy and

Matt Weiss explored MABVI and introduced a set of videos demonstrating what is known as "sighted guide". MABVI works with the Brookline Senior Center and other organizations in Brookline providing services and running programs for people who are blind or losing their eyesight. Programs are aired on Channel 3 on Comcast and RCN immediately following The Grandstanders live sports analysis show and are available on DVDs at the Sr. Center, the library in Brookline Village, the BrooklineCAN web site and the BrooklineCAN Twitter and Facebook accounts.

TRAIN WITH SHAIN

IN HOME BALANCE THERAPY AND
FITNESS TRAINING FOR SENIORS

Steven R. Shain
(508) 231-6378
www.trainwithshain.net
trainwithshain@gmail.com

ACSM certified cpt/hfi
CPR/AED certified
Fully Insured

Moving? Downsizing?



Call Karen Zweig
for a free consultation!

617.455.1964

karen@movemaven.com



BROOKLINE ADULT EDUCATION AT THE SENIOR CENTER

ONLINE AUCTIONS: SUCCESSFUL SELLING ON EBAY

Instructor: Larry Gold

Monday 3/2/2020 and 3/9/2020

Time: 11:45 am - 1:45pm

Tuition: \$40.00

SENIOR S-T-R-E-T-C-H

Instructor: Steve Shain

Monday and Wednesday 3/23/2020 - 5/20/2020

Time: 10:30am - 11:30am

Tuition: \$82.00

Strength Training for Seniors

Instructor: Steve Shain

Monday and Wednesday 3/23/2020 - 5/20/2020

Time: 8:45am - 10:15 am

Tuition: \$92.00

Tai Chi for Seniors

Instructor: Vincent Chu

Friday, 3/27/2020 - 5/22/2020

Time: 2:00pm - 3:30pm

Tuition: \$77.00

Yoga for Older Adults Chair Class

Instructor: Steffi Shapiro

Tuesday 3/24/2020 - 5/19/2020

Time: 2:00pm - 3:00pm

Tuition: \$65.00

Yoga for Older Adults Floor Class

Instructor: Steffi Shapiro

Tuesday 3/24/2020 - 5/19/2020

Time: 3:00pm - 4:00pm

Tuition: \$65.00

Registration required through Brookline
Adult Ed (BA&CE) at 617-730-2700
or www.brooklineadulted.org



*We deliver the extra support
and assistance you or your
loved ones need to continue an
independent lifestyle.*



111 Perkins St, Boston MA 02130
179 Boylston St, Jamaica Plain MA 02130
T 617-983-0044 www.elderachievers.com

Services:

- Alternative & Holistic Services
- Medication Assistance
- Incidental Transportation
- Home Modification
- Financial Options
- Evaluation Process
- Human Service Associate Direct Care
- Our Commitment to the LGBTQ Community

ONE-ON-ONE COMPUTER SESSIONS

One-on-One Computer Help



Are you computer phobic or just need some tech assistance? Have you tried a computer class but are still frustrated with using technology? Do you have ques-

tions about setting up email, using your laptop, tablet, smart phone, or navigating the internet? We have computer volunteers available to help you on **Tuesday afternoons from 12:00-2:00 pm**. Dan Siagel is able to help people from basics to the more complex for their smartphones, laptops and tablets including Apple Windows or Android operating systems. **Appointments are necessary.** To schedule an appointment please call Olga Sliwa, (617) 730-2768.

MORE TECHNOLOGY SUPPORT



Due to increased demand, Alan Shepro, a recently retired career IT customer service specialist, will now be scheduling appointments to provide one-on-one technology assistance in the Computer Lab on **Thursdays from 2:00-4:00 pm**. Alan can help with a variety of tech issues. For more information and to schedule an appointment, please call Olga Sliwa at 617-730-2768.

HANDICAPPED ACCESS



The Town of Brookline does not discriminate on the basis of disability in admission to, access to, or operation of, its programs, services, or activities. If you need special accommodations, contact the Council on Aging at 617-730-2777.

Supporting Independent living for seniors since 1988

Beth Israel Lahey Health 
Mount Auburn Hospital
Lifeline Program

Providing state of the art Philips Lifeline medical alert & medication dispensing services. Feel confident in managing your medications and more secure both at home and on the go with our Philips Lifeline services designed for seniors. Speak with our caring staff to decide which options best fit your needs.

617-499-5525



Wake up to
Wingate

Where Healthcare and Hospitality Meet



Located just minutes from some of the world's finest hospitals, Wingate at Chestnut Hill meets the short-term rehab, long-term care and respite care needs of patients and their families—always with attention, understanding, compassion and respect.

—Family-Owned and Operated for Three Decades—

615 Heath Street Chestnut Hill, MA 02467 | 617-243-9990
WingateHealthcare.com



Wendy Kaplan
Attorney at Law

PHONE: 857-218-9889
20% SENIOR DISCOUNT

SENIOR CHORUS

The Senior Chorus always welcomes new members to add to its already enthusiastic roster of singers. There are no auditions. Just come on **Fridays at 10:30 am** and make a joyous sound with the group led by Joe Reid.

LIMITED APARTMENTS REMAIN!

Discover Senior Living
Beyond Compare.

Waterstone Is
Living Your

Life

Without Compromise.

It's unparalleled hospitality with world-class services. It's social, cultural and recreational opportunities for a fulfilling, rewarding life. It's stunning apartments that welcome residents home in style, comfort and sophistication.

Waterstone is doing more of what you love, with access to on-demand supportive services by premier healthcare partners to help you age in place with confidence.

**Schedule your personal visit
or join us for upcoming events.**

617.996.7776 • [CircleSeniorLiving.com](https://www.CircleSeniorLiving.com)

     MASS RELAY 711



**WATERSTONE
AT THE CIRCLE**

SENIOR LIVING BEYOND COMPARE

385 Chestnut Hill Avenue | Boston



MARCH LUNCHEON SPECIALS

Reservations for ALL Springwell lunches must be made by 10:30 am on the weekday preceding the day on which you want to have lunch. For reservations for Monday, call 617-730-2747 the previous Friday by 10:30 am. Lunch is served at 12:00 noon unless otherwise noted.

Please be aware that Springwell can only guarantee your lunch reservation until 12:15 pm each day. If you are going to be arriving late for lunch, please let Kristine know in advance. If you arrive after 12:15 pm with no advance notice, Springwell cannot guarantee that you will receive a meal for that day.

On **Tuesday, March 17** we celebrate March birthdays at the monthly Birthday Lunch. The sponsor of this lunch has happily provided a complimentary lunch and a small gift to all February birthday celebrants. We also want to thank our friends at Wingate Residences at Boylston Place for providing our monthly birthday cake. Now it is easier than ever to register for our monthly birthday celebrations! Just call 617-730-2747 to reserve a lunch on the business day prior before 10:30 am and you are all set. When you arrive for lunch on the day of the party, the leader of our birthday celebration will come around to all the tables to make sure that we don't miss any of our special attendees celebrating their birthdays that month.

LET'S GO OUT TO LUNCH BUNCH



Out to Lunch Bunch will dine on **Tuesday, March 31** at Corrib Pub 2030 Centre St., West Roxbury, 617-469-4177. The Van will leave the Senior Center at 11:30 am sharp! For reservations and transportation, please call 617-730-2770.



Enrich. Engage. Together.
Embracing the aging experience for seniors in the Boston area, guided by our mission & core values.

Join us for lunch and a tour!



ASSISTED LIVING & MEMORY SUPPORT

165 Chestnut Street, Brookline, MA
617.731.8500 | GoddardHouse.org

Sherrill House

A Not-for-profit Skilled Nursing & Rehabilitation Center

We rehab patients to return to their homes as quickly as possible following a hospitalization.

Brookline Senior Center Preferred Site!

Call **617-735-1775** to speak with Admissions.
To learn more, visit **www.SherrillHouse.org**.

135 S. Huntington Avenue • Boston, MA 02130

Are you at least 60 and have a problem with your in-home caregiving services?

Do you know someone who does?

If so, please call us!

1-800-243-4636

(1-800-AGE-INFO)



REIKI THERAPY

Reiki is a safe, gentle, noninvasive form of hands-on healing. People who receive Reiki report benefits that include a general feeling of well-being, increased energy, relaxation, and reduced pain. It can positively affect physical, mental, and spiritual levels and can help people access their innate healing capacity.

Akemi Minami, certified Reiki therapist, offers individual, 25-minute appointments to Brookline seniors age 60 and older and Senior Center volunteers on Tuesdays from 9:00 am to 12:00 noon at a special, discounted rate—a donation of \$7 per session. You can also buy a book of 5 treatments for \$25 as a gift or for yourself. If you are interested in Reiki treatment, be sure to consult with your physician before deciding if this or any treatment is right for you. For more information, call 617-730-2777.

SPANISH IMMERSION



Come and enjoy basic grammar, vocabulary and small conversation beginning on **Thursday,**

March 19 this is a 10

week class for adults level I and II. The **Level II class is from 12:00-1:00pm and Level I class is from 1:15-2:15** at the Brookline Senior Center.

To register, call 617-953-7016 or email:

brookline.spanish.immersuin@gmailcom.

LIVING OUR VALUES

This group meets at the Senior Center on **Wednesday mornings from 9:00 to 10:00 am.** Facilitator Tom Faulhaber uses current events and issues as triggers for discussion at meetings. Hone your values in this age of controversy and conflict.

THINKING ABOUT SELLING YOUR HOME?

WE'RE HERE TO MARKET YOU!

LISTING CONCIERGE - THE BEST MARKETING CAMPAIGN FOR YOUR PROPERTY THROUGH PROFESSIONAL PHOTOGRAPHY, PRINT, DIGITAL MATERIALS, SOCIAL MEDIA AND TELEVISION AD.

TELEVISION

A **10-second** spot on Coldwell Banker's® *TV program, At Home in New England* and a **10-second** photo slideshow with narration posted on Coldwell Banker's regional **YouTube™** channel.

DIGITAL

- Professionally designed **single-property website.**
- **Geographically targeted marketing for five days** to a local audience **online** and on **social media.**
- "Just Listed" and "Just Sold" eBlast to sales associate's contacts.
- New listings distributed weekly via email to area cooperating sales associates.
- Branded **property marketing overview report for the seller.**

PRINT

- An advertisement spot in your choice of *The Boston Globe* or *Boston Magazine.*
- **50 professionally printed,** high quality property brochures.
- **100 super jumbo "Just Listed" & 100 super jumbo "Just Sold"** postcards.



MARTIN LAIRD

Broker, REALTOR®

1375 Beacon Street

Brookline, MA 02446

617.827.7009

Martin.Laird@NEMoves.com

www.MartinLairdBostonRE.com



COLDWELL BANKER

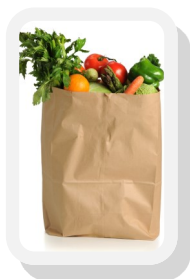
RESIDENTIAL
BROKERAGE

CONTACT MARTIN TODAY

for a **COMPLETE MARKET ANALYSIS** with strategic recommendations including professional staging to maximize your home's value for Spring Market.

©2020 Coldwell Banker Realty. All Rights Reserved. Coldwell Banker Realty fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Owned by a subsidiary of NRT LLC. Coldwell Banker and the Coldwell Banker Logo are registered service marks owned by Coldwell Banker Real Estate LLC.

FOOD DISTRIBUTION SITE



There is free food distribution at the Senior Center **every Tuesday beginning at approximately 2:00 pm.** Program remains open until all distributed numbers have been called. This time varies so we urge consumers to be here **BEFORE 3:00 pm.** Get a number in the coffee lounge beginning at 11:00 am. Do not go down to the basement until your number is called. A variety of foods are available at the site—many choices of breads and rolls and lots of produce. Bring a bag to carry your choices home. Also bring a lot of patience and courtesy so everyone enjoys the process and conflicts are avoided. In order for everyone to receive a fair allocation of the food, it is imperative that no one takes any food before it is inventoried by the workers at the Food Distribution program. This not only helps assure a fair distribution and an orderly process, it also is in compliance with health code regulations. This program is very busy and depends on the generous donation of time by many volunteers. To volunteer please contact Patricia Burns our volunteer coordinator 617-730-2743.

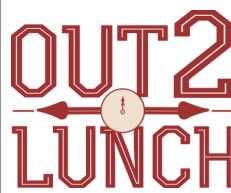
PLEASE NOTE: THERE WILL BE NO FOOD DISTRIBUTION ON MARCH 3, 2020 DUE TO THE ELECTION.

BRIDGE FOR EXPERIENCED PLAYERS



Jan Davidson, Bridge Coordinator, welcomes experienced players on **Friday mornings at 9:00 am sharp.** Give the revolving bridge game a try.

LGBT OUT 2 BRUNCH BUNCH!



Goddard House, in partnership with the Brookline Council on Aging, ETHOS, the LGBT Aging Project and the City of Boston Commission on the Affairs of the Elderly, supports the LGBT Older Adult Out 2 Brunch Bunch! The group will meet monthly for brunch on **the third Saturday of every month at Goddard House, 165 Chestnut Street, Brookline, MA 02445.** To attend, RSVP to Zoraida at meals@ethocare.org or 617-522-6700 ext. 306

ELF

The program is actively looking for donations of tub chairs and benches. Please call with offers or to request available items at 617-730-2753.

ROGERSON HOUSE

Assisted Living & Day Program



A POSITIVE EXPERIENCE FOR THOSE IN NEED OF MEMORY SUPPORT

Graciously situated across from Jamaica Pond on three acres of lawn and gardens, Rogerson House was the first community in Massachusetts to provide care exclusively to individuals in need of memory support. We offer an assisted living residence, day program, and respite care in a warm home environment.



ROGERSON HOUSE

434 Jamaicaway, Boston Ma 02130
617.983.2300

MARCH AT A GLANCE

Monday, March 2

2:00-3:00pm Defining Decades Group (3)

Tuesday, March 3

Massachusetts Primary

1:00pm Movies for film lovers-*Downton Abbey*

NO FOOD DISTRIBUTION TODAY

Wednesday, March 4

9:00am-12:00pm Brookline Legal Assistance for Brookline Seniors only

10:30-11:30am Mindfulness Group (3)

1:00pm Brookline Music School with Justin Meyer Trio

2:00-3:00pm Blood Pressure Screening at BPHD (1)

Thursday, March 5

11:00am Ask A Nurse

1:00pm Women's History Program (3)

Monday, March 9

1:00pm Sing Along with Mel (3)

1:00-3:00pm Uke

Tuesday, March 10

10:00am-12:00pm real estate tax-exemption info

12:00pm South Brookline Meetup (1)

1:00pm Movies for film lovers-*Judy*

2:00-3:30pm Job/Volunteer Search (3)

Wednesday, March 11

10:00-30-11:30 Mindfulness Group (3)

1:00pm COA meeting

2:30pm Pickleball

Thursday, March 12

11:00am Isabella Stewart Gardner Museum Tour (4)

4:00-6:00pm Gallery 93 Reception

Friday, March 13

1:00pm Census 2020 Information Session (3)

Saturday, March 14

11:00am 2Life Communities info session (1) (library)

Monday, March 16

1:00-2:30pm Operetta Program-The Csardas Princess (3)

2:00-3:00pm Putterham Book Group (1)

2:00-3:00pm Defining Decades Group (3)

Tuesday, March 17

10:00am-12:00pm real estate tax-exemption info

12:00 noon March Birthday Lunch (3)

1:00pm Movies for film lovers-*Betty and Coretta*

2:00-3:30pm Job/Volunteer search (3)

Wednesday, March 18

10:30-11:30am Mindfulness Group (3)

1:00 Mass College of Pharmacy Workshop (3)

1:00-3:00pm CharlieCard Event

1:00pm Low Vision Support Group

Thursday, March 19

1:00-2:00pm Blood Pressure Screening

1:00-2:00pm Brookline Hearing Services

Monday, March 23

10:30-11:30am Senior Stretch (2)

1:00pm Falls Prevention Workshop (3)

Tuesday, March 24

9:00-10:00am Public Issues Nonfiction Book Group-The Fifth Risk

1:00pm Movies for film lovers-*Knives Out*

2:00-3:30pm Job/Volunteer Search (3)

Wednesday, March 25

10:30-11:30am Mindfulness Group (3)

1:00pm Town to Table Presentation (3)

1:30-3:00pm Memory Connections Café (3)

Monday, March 30

1:00pm ArtMatters Program (3)

2:00-3:00pm Defining Decades Group (3)

Tuesday, March 31

12:00 noon Out to Lunch Bunch (3)

1:00pm Movies for film lovers-*Suffragette*

6:00-8:00pm: BrooklineCAN Harry Margolis Guide to Estate Planning (3)

ONGOING SENIOR CENTER EVENTS

Monday

8:30am-4:30pm Fitness Center Open—
Membership Required
8:45-10:15am Strength Training (2)
10:30-11:30am Poetry Workshop (3)
10:30-11:30am Senior STRETCH (2)
12:00 noon Springwell Lunch (3)
12:00-4:00pm BETS
12:30-3:30 pm Mah Jongg/Scrabble/Chess
2:00-4:00pm Open Computer Lab

Tuesday

8:30 am-4:30 pm Fitness Center Open—
Membership Required
9:00-12:00 noon Reiki Therapy (3)
10:30 am Brookline Bees, Quilters
11:00-11:45am Tuesday Morning Dance Party
12:00 Springwell Lunch ***
12:00-4:00 pm BETS
12:00-1:00 French Conversation
1:00 pm BINGO
1:00 pm Movies for Film Lovers
1:00-3:00pm Computer one-on-one (3)
2:00-3:00 pm Exercise for Health &
Rejuvenation
2:00-3:00pm Yoga Chair Class (2)
2:00-4:00 pm Food Distribution Site (hours
approximate)
3:00-4:00pm Yoga Mat Class (2)

Wednesday

8:30 am-4:30pm Fitness Center Open
Membership Required
8:45-10:15 Strength Training (2)
9:00-10:00 am Living Our Values
10:00-12:00 TRIPPS office hours
10:30am Senior STRETCH (2)
12:00 noon Springwell Lunch (3)
12:00-4:00pm BETS
1:00-3:00pm Scrabble

Thursday

8:30 am-4:30 pm Fitness Center Open
Membership Required
9:30-11:45am Drawing for Pleasure (3)
9:30am Art for Pleasure Class (3)
10:30am Arthritis Exercise (3)
10:30am Knit and Crochet
11:00-1:00pm TRIPPS office hours
12:00 noon Springwell Lunch (3)
12:00-1:00pm Intermediate Spanish (3)
1:00-3:00pm Chess
1:15-2:15pm Beginning Spanish Class (3)
2:00-4:00pm Computer Technology Support (3)
2:00-4:00pm Open Computer Lab

Friday

8:30 am-4:30 pm Fitness Center Open-
Membership Required
9:00 am Bridge for experienced players
9:00 am Rummikub
10:30 am Current Events Discussion Group
10:30 am Senior Chorus
12:00 noon Springwell Lunch (3)
1:00-2:30 pm Basic Computer Class in
Spanish (3)
1:00-2:00pm Bootcamp for Seniors (2)
1:00-5:00 pm Ping Pong
2:00-3:30pm Tai Chi (2)
3:00-5:00pm Chess
3:30 pm Latino Instrumental and Vocal (3)

Registration Key

- (1) Held off-site, not at Senior Center
- (2) Registration required through Brookline Adult Ed (BA&CE) at 617-730-2700 or www.brooklineadulted.org
- (3) Registration required through Brookline Senior Center
- (4) Registration required through Brookline Recreation/Joshua Cooke at 617-730-2082.

TOUR THE SENIOR CENTER



The Senior Center offers escorted tours of the Center Monday through Friday. You need to sign up for the tours ahead of time. To inquire about a tour, call 617-730-2777.

RUMMIKUB



Hedwig Baillie our Rummikub coordinator invites you to drop in and enjoy a quiet game of Rummikub on **Friday mornings from 9:00-11:30 am.**

It's about possibilities, not responsibilities



Concierge Services • Black Car Service • Cultural, Educational and Social Events • Chef-Prepared Meals
24-Hour Security • Beautiful Outdoor Grounds

Luxury Senior Living at the Crossroads
of Needham, Newton & Wellesley

Visit Today: 781-247-6638

235 Gould Street | Needham | OneWingateWay.com



Your Attorneys for Wills, Probate,
Medicaid/Long Term Care & Gift
and Estate Tax Planning

WADE HOROWITZ & LAPOINTE LLC

1309 Beacon Street, 2nd Floor
Brookline, MA 02446
617-738-1919

www.wadehorowitz.com



\$100 DISCOUNT!
Applies to Will package
or to Initial Conference

COUPON



Providence House

Assisted Living at Corey Park in Brighton

Affordable Assisted Living for Seniors of All Incomes

617-731-0505 www.providencehouseassistedliving.com

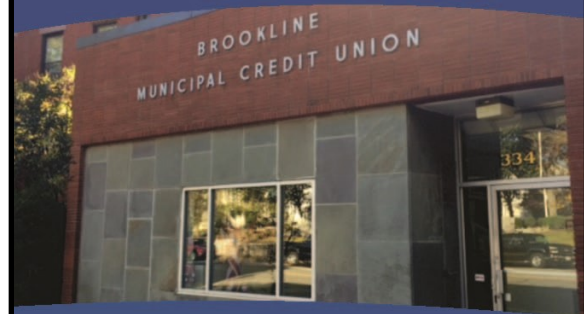
A FILE OF LIFE

**FILE
OF LIFE**

A FILE OF LIFE provides individuals with emergency medical identification cards to be used both at home and away from home. Having a FILE OF LIFE folder will allow medical personnel to treat you quickly and with greater certainty should you have a medical emergency. For more information on the FILE OF LIFE, call 617-730-2777, and leave your name, address and phone number. Ruth Brenner will call you back as soon as possible. Should you prefer, for personal or privacy reasons, to fill out your FILE OF LIFE cards yourself, we will, at your request send them to you along with their magnetic and purse/pocket cases.

NOTE: Please keep your medical information current.

**SERVING THE BROOKLINE COMMUNITY
FOR 75 YEARS**



BECOME A MEMBER TODAY!

We offer a full range of financial services,
from savings and checking accounts
to Real Estate Loans.



**BROOKLINE MUNICIPAL
CREDIT UNION**

334 Washington Street, P.O. Box 470776
Brookline, MA 02447-0776
Tel: (617) 232-9410 Fax: (617) 232-1462
B-Line: (781) 398-1855



GALLERY 93

PHOTOGRAPHS BY ERIC MYRVAAGNES

Hours: Monday-Friday 8:30-5:00

March 11 through April 30

Reception with the Artist: Thursday, March 12 from 4:00-6:00 pm



Low Tide, Plum Island



Maximize Your Mobility

Outpatient Physical Therapy at HOME

Ideal for those who find it hard to get to an outpatient clinic or anyone looking for personal Physical Therapy
Medicare and most major insurances accepted

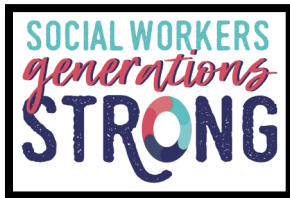
Phone and Fax: 617-588-2110

Maximizeyourmobility.com

Maximizeyourmobility@gmail.com

SOCIAL WORK MONTH 2020

SOCIAL WORKERS: GENERATIONS STRONG



Social Work Month in March is a time to celebrate the great profession of social work. The theme for Social Work Month 2020 is Social Workers: Genera-

tions Strong. The theme has various meanings. As we enter a new decade it is important to look back and honor the powerful, positive impact the social work profession has had on our society for generations. We also want to spotlight the life-affirming work that social workers from all generations — from the Greatest Generation to the Z Generation — are doing. And since NASW is celebrating its 65th anniversary in 2020, Social Work Month is a great opportunity to thank our Social Workers.

2LIFE COMMUNITIES

2Life Communities is excited to have begun accepting applications for The Brown Family House, our first community in Brookline. The Brown Family House is located at 370 Harvard St. and is for adults aged 62+. The application period will **close on May 1 at 5:00pm**. We will host two information sessions during the application period, on **Saturday, March 14th at 11:00am** at the Brookline Library – Main Branch and on **Wednesday, April 1 at 6:30pm** at the Brookline Senior Center. The lottery will be held on May 21, 2020 at the Brookline Library- Main Branch. www.2lifecommunities.org
All questions about the application process should be sent to Valeriia Lendel, Leasing Coordinator 40 Wallingford Road, Brighton MA (617) 912-8491 leasing@2lifecommunities.org

SPOTLIGHTED VOLUNTEER



Sara Lee Bloom: Sara Lee has been a lifelong resident of Winchester Street in Brookline. She has been volunteering at the Senior Center Gift Cart for more than a year. This was a natural position for Sara Lee since her whole career revolved around retail sales where she worked

with her late husband in the furniture business, started the Kids Corner on Beacon Street in Coolidge Corner and also worked 19 years in Bloomingdales.

Sara Lee loves finding new items for the gift cart. She often gets interesting donated goods from her friends. Many seniors enjoy checking out what might be new and stopping in for a chat at the gift cart whenever they are here. In addition, Sara Lee also loves to bake. Her delicious baked goods are a favorite at the Annual Craft Fair. On special occasions, she also surprises staff with baked goodies.

Sara Lee was a long-standing member of the Brookline Library Art Society where she showed and sold many of her acrylic and pastel paintings. She loves coming to the Senior Center and looks forward to meeting friends – new and old.

Chestnut Hill Ride/ Chestnut Hill Errands & More

**Friendly, Reliable, Affordable
Errands &
Transportation Services**

**A Family owned and operated and committed
to make your life easier and less hectic**



617 – 874 – 0487
www.chestnuthillerrands.com

SENIOR SERVICES

The Brookline Senior Center and the Council on Aging (COA) offer a wide variety of programs and activities to help the Brookline senior community in everyday ways. Among the services offered to all seniors, including those who are intent on aging well at home are:

BETS (Brookline Elder Taxi System), is a program that allows income eligible Brookline residents (60 and older) to purchase taxi coupons at reduced fare rates. Eligible individuals are allowed to purchase up to eight (8) coupon books per month at a 50% discount. Each coupon book contains ten (10) \$1.00 coupons and program participants pay only \$5.00 per coupon book. BETS is sponsored by the Council on Aging, CDBG, and all licensed Brookline cab companies. **(Bay State Taxi 617-566-5000).**

BETS coordinator Alicia Ebrat is at the Senior Center every **Monday through Wednesday from 12:00 noon to 4:00 pm** to take applications for and sell BETS coupon books. For more information, call Alicia at 617-730-2740.

If you are applying for the first time, or being recertified, bring your 2018 income tax returns when you meet with Alicia. If you do not have to file tax returns, check with Alicia before you come in about the necessary documentation. (All riders must be recertified every year in order to be able to buy BETS coupon books.) Eligibility requirements: An individual's maximum annual income cannot exceed \$62,450 and a couple's annual income cannot exceed \$71,400. BETS service is available for use in all cabs of all companies that are based in Brookline. It's the law: If a cab driver from a Brookline-based company gives you trouble about using the coupons, report it to the COA at 617-730-2777 or call the Brookline Hackney Police Officer at 617-730-2230

Also note that the coupons cannot be used for tipping. To tip a driver for good service, use cash. **To purchase taxi tickets you must pay by cash or check only.**

Refunds only authorized for one month's worth of coupons maximum that were purchased in the last six months.

SHINE counselors Sonia Wong, Ed Levin, Steve Maas and Sybil Levisohn are on hand at the Senior Center to help individuals explore their health-insurance options. For an appointment with a SHINE counselor, call 617-730-2777.

Brookline TRIPPS looking for alternative transportation options to driving or have a specific question about the MBTA/The Ride, Uber/Lyft or medical transportation? Contact TRIPPS at maria@trippsmass.org or 617-730-2644.

BLAB A Brookline Legal Assistance Bureau volunteer lawyer will be at the Senior Center on **Wednesday, March 4 from 9:00 am-12:00 pm** to consult on legal matters. *This service is offered for Brookline residents 60 and older only, is free of charge, and no appointment is needed. Please pick up a number in the COA office on the second floor.*

HELP The Home and Escort Linkage Program finds trained, dependable workers to house-assist individual seniors with such tasks as meal preparation, errands, house cleaning, and shopping—for an affordable rate. All workers are trained and screened by the HELP staff. To get HELP, call 617-730-2752.

REAP The Retirement Engagement Alternatives Program is replacing the old JOBS program. This new program is based on working together to help occupy your retirement! Contact Deidre Waxman 617-730-2767 or email: dwaxman@brooklinema.gov

SNAP The Supplemental Nutrition Assistance Program helps seniors stretch food dollars with food stamps. If you need assistance call the Council on Aging at 617-730-2777 and ask to be put on the Food Stamp assistance return phone call list.

MORE SENIOR SERVICES

Free Clutter Consultations! Do you have too much stuff? Are you 60 or older and living in Brookline? Clutter is common and the Brookline Council on Aging is here to help. Call 617-730-2777 to ask about a free, one time social work visit to help you make a plan for what to do with your stuff.

Care Program The Brookline Council on Aging is pleased to announce that we will be able to provide Brookline families free respite/companionship through our CARE Program (Caregiver Assistance Relief Effort). The CARE Program operates under the auspices of the existing HELP Program, which is the Town's Home Care Program. The CARE Program aids Brookline caregivers who need a break from caring for an older adult family member. Respite/Companionship does not include personal care, such as dressing and bathing or medication administration. This service allows caregivers to have time for themselves, while leaving family members in the care of trained home care workers. For more information or to participate, please call HELP Program Staff at 617-730-2752. Thanks to State Senator Cynthia Stone Creem and the Executive Office of Elder Affairs for their grant that supports this program.

Rideshare Transportation Discount Pilot

Through a grant from the National Council on Aging and Lyft, the Brookline Senior Center has launched a pilot program with the ridehail app Lyft to provide 4 subsidized Lyft rides per month to income eligible senior (age 60+) residents (individual \$62,450 maximum; couple \$71,400 maximum). The subsidy provides a coupon of \$10 to qualified participants with smartphone technology. Those interested in participating in this program contact Maria Foster 617730-2644 or mfoster@brooklinema.gov.

CORONAVIRUS: SCAMMERS FOLLOW THE HEADLINES



Scammers are taking advantage of fears surrounding the Coronavirus. They're setting up websites to sell bogus products, and using fake emails, texts, and social media posts as a ruse to take your money and get your personal information. The emails and posts may be promoting awareness and prevention tips, and fake information about cases in your neighborhood. They also may be asking you to donate to victims, offering advice on unproven treatments, or contain malicious email attachments.

Some tips to help you keep the scammers at bay:

- Don't click on links from sources you don't know. It could download a virus onto your computer or device. Make sure the anti-malware and anti-virus software on your computer is up to date.
- Watch for emails claiming to be from the Centers for Disease Control and Prevention or experts saying that have information about the virus.
- Ignore online offers for vaccinations. Do your homework when it comes to donations, whether through charities or crowdfunding sites.
- Don't let anyone rush you into making a donation. If someone wants donations in cash, by gift card, or by wiring money, **don't do it.**
- Be alert to "investment opportunities." The U.S. Securities and Exchange Commission (SEC) is warning people about online promotions, including on social media, claiming that the products or services of publicly-traded companies can prevent, detect, or cure coronavirus and that the stock of these companies will dramatically increase in value as a result.

Bellotti, Gayle (DAA)

SUBSCRIBE or RENEW: SENIOR NEWS & EVENTS

Don't Miss Out! Just \$10 for 12 months

Be sure you receive every issue of Senior News and Events all year. Stay current on vital and timely information and happenings at the Brookline Senior Center, The town, and the metro area.

Not Yet a Subscriber? Sign up Now! Don't miss a single issue! Fill out the form below and mail to Brookline Senior Center with your \$10 check.

NEWS & EVENTS-Subscription Form-\$10/year

___Yes! I would like to ___Subscribe ___renew my subscription to the Senior News and Events to begin on ___month.

___I am including a contribution for the following amount: \$ ___

Name(s) _____

Street Address _____

City/State/Zip _____

Email: _____ Phone(s): _____

**Please mail this form with your check payable to Brookline Senior Center to
Brookline Senior Center, 93 Winchester St., Brookline MA 02446**



SUPPORT THE BROOKLINE SENIOR CENTER

Help BROOKLINE SENIORS age with dignity and respects

Use the form above or donate online via PayPal at

www.brooklineseniorcenter.org

The Brookline Senior Center is a 501(c)(3) non-profit organization.

Your gift is tax-deductible to the full extent of the law.

Membership is not needed. All are Welcome!

Thinking about downsizing or selling your home?

We're here to help.

And you don't need to pay us until your home is sold.

We are a
one-stop service company
that gets your home
ready for sale and
makes your move stress-free.

We'll transform your home
into a marketable property
that will stand out
from the rest and
sell faster, at a higher price.



Sold at first Open House

STEP 1

**WE GET YOUR HOME
READY FOR SALE.**

*Organizing, decluttering, painting,
repairs, junk removal, deep-cleaning,
staging, and curb appeal*

STEP 2

WE HELP YOU MOVE.

*Packing, charity donations, deliveries,
final-inspection punch list, local
moving, and more*

STEP 3

**WE HELP YOU SETTLE INTO
YOUR NEW HOME.**

*Unpacking, furniture arrangement,
repairs in your new residence, and more*



Home Ready Solutions

(617) 331-7848

Call me for a
complimentary consultation:



(617) 331-7848



Leon Gelfand, Founder

*"I want to thank you and
your team. You are
responsive, professional,
and fun to work with."*

— Gerry C., Newton

REAL ESTATE TAX EXEMPTION



Sandy Spector will have information for seniors on real estate tax exemptions and abatements in the gallery area of the Senior Center on **Tuesday, March 10 and 17 from 10:00am-12:00 noon**. Feel free to drop by with your questions.

FITNESS CENTER



To inquire about becoming a member, contact Sharon Devine, 617-730-2769. Membership includes use of strength training and cardio equipment, small group classes. Quiet and relaxed atmosphere. Assistance of certified personal trainer at no additional charge.

Healthy adults, 18-85,
Needed for noninvasive study of
Emotion and Memory.

Research conducted at Boston College

Complete pen-and-paper and computerized tasks.
Receive \$10/hr. For information, call Sarah Scott at
617-552-6949 or e-mail canlab@bc.edu.

Home Is Still The Best Place



- Appointment Escorts
- Meal Preparation
- Companionship
- Light Housekeeping
- Shopping & Errands

Call for a free, no-obligation
appointment or brochure:

Waltham 781-314-0153

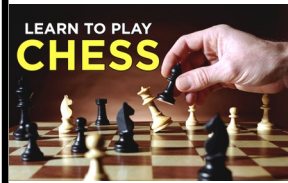
Home Instead
SENIOR CARE

*With a little help
from a friend.*

Each Home Instead Senior Care franchise office is independently owned and operated.

homeinstead.com

CALLING ALL CHESS PLAYERS OF ALL ABILITIES



Calling All Chess Players of all abilities: GREAT NEWS!! Joe Miller, our chess volunteer, is expanding his chess time at the Senior Center! He will now be available MONDAY & THURSDAY afternoons from 1:00-3:00 pm. Joe is always ready to play a game and/or provide help to new chess learners. AND THE BROOKLINE HIGH SCHOOL AND OTHER STUDENTS WILL BE AVAILABLE MOST FRIDAY AFTERNOONS! You can bring your own board or use one of ours. Drop in – no registration necessary!

With BAYADA Home Health Care...

*"I found the perfect match
for extra help at home."*

– Mary Lou P., Client



Mary Lou P. with Peggy Peck, her BAYADA Home Health Aide

With a broad range of services and a team of professionals who are committed to keeping people of all ages safe at home, BAYADA provides:

- Assistive care and support services
- Carefully screened care professionals
- Support 24 hours, 7 days



BAYADA
Home Health Care

617-332-7600
www.bayada.com

Compassion. Excellence. Reliability.

THANK YOU

Annual Appeal Donors:

Esther and Harold Schonhorn
Joyce Silver
Gustav Schachter
Marilyn Jurich
Joel Smith
Ann Coles
Edward Wolpow
Tina Wong
Susan Macht
David Stern
Mariah Nobrega
Esther Bullitt

In Honor of:

Gerry Stoller honoring
Jamie Jensen and Michael Allen
Evelyn Roll honoring
Yolanda Rodriguez
Charlotte Millman honoring
Lyudmila Lugovyer

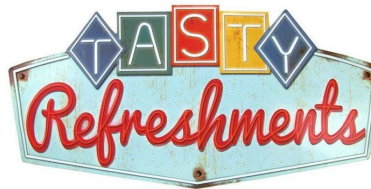
In Memory of:

Aaron Seidman from
Margaret Guyer and Constantine Bialik
Claire Yung from
Dorothy Bell
Claire Yung from
Karen L. Yung and Walter A. Spencer, Jr.
David Chin from
Ruthann Dobek
David Chin from
Ruth Geller
David Chin from
Sherry Lee
Alex Beck by
Deidre Waxman

BrooklineCan Donors:

Clara Wood
Marcia Hnatowich
Judith Kidd
Harold & Karen Petersen
Nancy & Dan White
Patricia Dobek
Ralph & Sylvia Memolo
Linda & Henry Okun
Janet Selcer
Marilyn Silverman
Rebecca Stone & Stephen Walt
Carol Woodworth & Jon Wulp
Kathryn Kilpatrick
Anonymous

SOUTH BROOKLINE SENIOR MEETUP



Join us on **Tuesday, March 10**. We meet the second Tuesday of each **month at noon**. Refreshments are served and all are welcome. The March presentation will be from the Brookline Office of Diversity and Inclusion.

MOUNT PLEASANT HOME



WORRIED ABOUT A SENIOR LIVING ALONE?

**Gorgeous, compassionate,
HAPPY home
for seniors
who need a little help**

All-inclusive & affordable!

Near the Brookline Border



617.522.7600 301 South Huntington Ave, Jamaica Plain, MA
www.MountPleasantHome.org

THE NORFOLK COUNTY RSVP PROGRAM



The Brookline Senior Center will be partnering with the Norfolk County RSVP program and the West Roxbury VA in order to encourage

Brookline residents to work as "Ambassador" volunteers at the VA. Ambassadors are most needed on Tuesdays/or Wednesdays for up to four hour shifts. Duties include: Information Desk, Patient Escort, Delivery of items to patient rooms. Possible other duties as requested. Transportation costs from Brookline Senior Center and return will be reimbursed by our Lyft Concierge program. Volunteers must fill out an application and receive a medical screening. Ambulatory volunteers preferred but not required. We hope to encourage a few Brookline Volunteers to travel together to the facility. This should be both a good social opportunity and rewarding volunteer opportunity for Brookline residents. Please contact Deidre Waxman dwaxman@brooklinema.gov or at 617-730-2767

UKULELE



Are you new to the ukulele but wish to get started? Our meetings will begin a half hour earlier than the regular group for those who wish to learn the basics. At **1:00 pm on Monday, March**

9 bring a ukulele and we will start with simple chords and strums. For our usual group, please note that we will have a **1:30 pm** start time and we will end at **3:00 pm**. Singers are always welcomed at that time so we hope that you will join us!

VIBRANT ASSISTIVE TECHNOLOGY PROGRAM



The Massachusetts Association for the Blind and Visually Impaired (MABVI) is proud to offer the VIBRANT Assistive Technology program in partnership with the Centers on Aging and the

Brookline Senior Center. VIBRANT is assistive technology guidance that empowers you. If you are losing your vision, we provide applied instruction on current technologies to help you accomplish your everyday goals. This specialized assistive technology training can help with reading, walking, personal finance, and more. Anyone with low vision or blindness is welcome, as well as those interested in how we are serving the spectrum of vision loss.

If you are interested, call Rachel Castle at 617-608-4150, Jerry Feliz at 857-443-6636, email ATCenter@mabcommunity.org, or stop by the Senior Center computer lab on Wednesday and Thursday afternoons. We look forward to working with you soon.

**PROUD TO SUPPORT THE
BROOKLINE SENIOR CENTER**

BrooklineBank

BrooklineBank.com

Member FDIC

GREATER BOSTON FOOD BANK FOOD COMMODITY PROGRAM



The Greater Boston Food Bank Food Commodity Program provides shelf-stable food to low

income seniors. Two shopping bags of food for each approved participant are delivered to the Brookline Senior Center @ 93 Winchester Street, Sussman House at 50 Pleasant Street and O'Shea House at 61 Park Street on the **3rd Wednesday of each month**. We are actively recruiting new applicants to participate in this program. If you or anyone you know are interested in applying for or finding out more about the program, please call Patricia @ 617 730 2743 to set up an appointment.

THE 2020 ANNUAL VOLUNTEER LUNCHEON

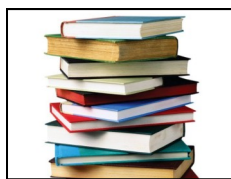
Wednesday, April 22 at 12:30 pm at the Brookline Senior Center. Invitations and call for nominations for volunteer of the year will be coming in the mail by the end of March. Once you receive your invitation, please **RSVP by April 17, 2020 by calling 617-730-2777**

MARCH SPOTLIGHTED VOLUNTEER OPPORTUNITIES



This month's spotlighted opportunities include: TRIPPS – brief telephone interviews and simple data entry and people interested in helping with transportation issues. If you would like to apply for these or other volunteer opportunities or have ideas for new opportunities at the BSC, please call Patricia, the Volunteer Coordinator email at pburns@brooklinema.gov or 617-730-2743 to make an appointment to talk about things you like to do, your skills and potential volunteer opportunities.

LIBRARY CONNECTION



Are you a lover of library books and other resources, yet unable to enjoy the pleasures of browsing on your own? We have a solution for you! The

Library Connection, a partnership of Brookline's Council on Aging and the Public Library of Brookline, provides delivery of library materials directly to homebound Brookline residents who are unable to leave their home. A volunteer from the community will deliver materials to you throughout the year. If you are interested in receiving this service, contact Volunteer Coordinator Patricia Burns at the Council on Aging 617-730-2743.

JOB/VOLUNTEER SEARCH SUPPORT TEAM MEETINGS



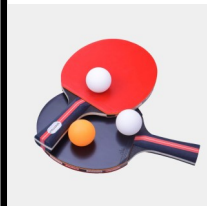
The group is free to all job and volunteer work seekers with the goal of resource sharing with others. Join us on Tuesdays **March 10, 17, 24 and March 31 at the Brookline Senior Center from 2:00-3:30 pm** To register contact Patricia Burns 617-730-2743 or Deidre Waxman 617-730-2767.

SHOP PROGRAM SCHOOL YEAR 2020

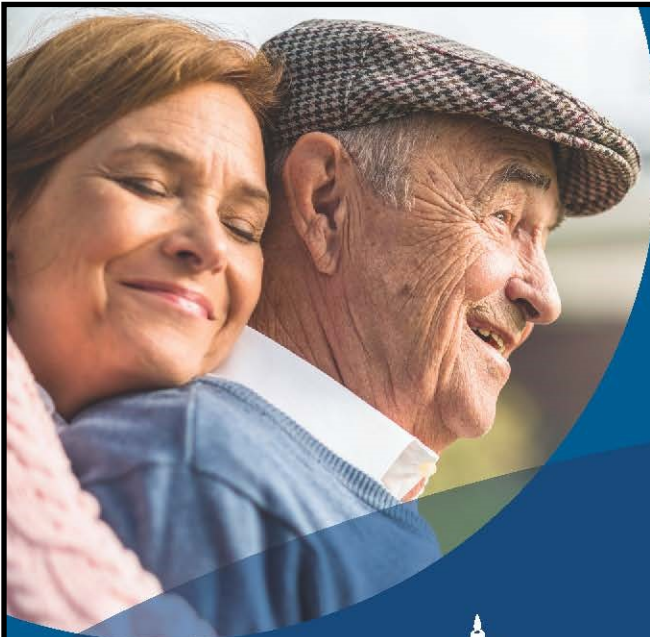


SHOP Program School Year 2019-2020: The SHOP Program (Students Helping Older People) partners Brookline High School (BHS) student volunteers with seniors to do grocery shopping once a week during the school year. In turn, seniors help the students fulfill their community service requirement. Frequently, this becomes an intergenerational friendship between the senior and their student shopper(s). The students ARE back to school and ready to start shopping. Seniors who were in the program last year were contacted to determine their interest in continuing this year. If you or a senior you know could benefit from having help with your grocery shopping from these eager teens, please contact Patricia Burns, Brookline Senior Center Volunteer Coordinator 617-730-2743 or by email at pburns@brooklinema.gov

LET'S PLAY SOME PING PONG!



Lin Sasman, our wonderful Ping Pong Coordinator, is here on **Friday afternoons from 1:00-5:00 pm**. If you want to drop in for a quick game, Lin will be available to help you connect with players of similar abilities.



Connecting to What Matters

That's the Benchmark Difference.

Stay connected to the people, passions and things you love. It's a living experience shaped by over 20 years of proven experience.

Call today to learn about Assisted Living and our Mind & Memory approach 617.396.7129



A Benchmark Senior Living Community

50 Sutherland Road
Brighton MA

ChestnutParkAtClevelandCircle.com



Brookline Senior Centers Corporation
93 Winchester Street
Brookline, Massachusetts 02446

PREST STD
US POSTAGE PAID
BOSTON MA
PERMIT NO 55181

OR CURRENT OCCUPANT

Take root in Brookline

COMPASS
:
:
:



 The Chobee Hoy Group
chobee.hoy@compass.com
617-513-6073

compass.com

.
.
.
.

Compass Massachusetts, LLC d/b/a Compass is a licensed real estate broker and abides by Equal Housing Opportunity laws. All material presented herein is intended for informational purposes only. Information is compiled from sources deemed reliable but is subject to errors, omissions, changes in price, condition, sale, or withdrawal without notice. No statement is made as to the accuracy of any description. All measurements and square footages are approximate. This is not intended to solicit property already listed. Nothing herein shall be construed as legal, accounting or other professional advice outside the realm of real estate brokerage.